



Colorado State University Extension

Morgan County Extension Office

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For Immediate Release

Creative Cooks Results

Eighteen Morgan County 4-Hers competed in the 2023 Creative Cooks Contest held on July 27th at the Morgan County Fair Grounds in Brush, Colorado. Members competing in the Creative Cooks contest planned a menu, developed a theme around the menu, and then cooked one item off of the menu to serve to the judge and public. There is also a Colorado Specialty class in which participants must cook a meal using a predetermined ingredient set by the State 4-H Office. This year's ingredient was Apples.

Five individuals competed in the junior age division, with Luke Makings placing as champion in the Junior Individual Category with her Banana and Chocolate "Chimp" Muffins. Gavyn Larrick was the Junior Individual Reserve Champion with his Chicken Alfredo Lasagna. The final participant in this category was Everlee Tramp who made a Cowboy Caviar. The Champion Colorado Specialty Individual, Bentley Larrick, made an Apple Slab Pie. The Reserve Champion in the Colorado Specialty Individual Category was Rhylee Lambert with her Flowerpot Apple Crumble Muffins. The Overall Reserve Grand Junior was Gavyn Larrick. Luke Makings received Overall Grand Champion Junior. The Junior Grand Champion award is sponsored by Peppy Coffee in Fort Morgan.

Six individuals were in the intermediate age division. Receiving a champion for her individual entry was Lexy Sears with her Chicken Bacon Ranch Pasta. The Reserve Champion Intermediate Individual was Kimber Heid and she made a Melon Pan. In the Intermediate Specialty Team Category, Shylynn Larrick and Arisa Eicher made a Norwegian Apple Soup, earning class Champion. Eden and Annie Tramp took Reserve Champion with their Apple Dumplings. The Overall Reserve Grand Champion Intermediates were Shylynn Larrick and Arisa Eicher. The Overall Intermediate Grand Champion was Lexy Sears. The Intermediate Grand Champion award is sponsored by Bun Appetit.

In the Senior age division, Thomas Sears served Italian Lasagna, which received Champion. Rylan Schreiner served Red Hot Applesauce Jell-O in the Senior Specialty Category and was

Champion. The Overall Reserve Grand champion was Thomas Sears. The Overall Grand Champion Senior award went to Rylan Schreiner. These awards are sponsored by The Flower Petaler and Brighter Day Original of Fort Morgan.

Cloverbuds were also allowed to participate in Creative Cooks, making their favorite no-bake snack for the judges and public. Cloverbuds participating were Emery Fox, Luke and Jace Lambert, Amelia Meusborn, Delaynie Piper, and William Sears.

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